

MORE COUNTING & STRUMMING EXERCISES

1. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

2. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↓ ↓ ↑ ↓ ↓ ↓ ↓ ↑ ↓

3. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↓ ↑ ↓ ↓ ↓ ↓ ↑ ↓ ↓

4. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↓ ↑ ↓ ↓ ↑ ↓ ↓ ↑ ↓ ↓ ↑

5. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↓ ↑ ↑ ↓ ↓ ↓ ↑ ↑ ↓

6. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↑ ↓ ↑

7. Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Strum: ↓ ↑ ↓ ↓ ↓ ↑ ↓ ↓

8. Count: 1 2 & 3 4 5 6 1 2 & 3 4 5 6

Strum: ↓ ↓ ↑ ↓ ↓ ↓ ↓ ↓ ↑ ↓ ↓ ↓ ↓