

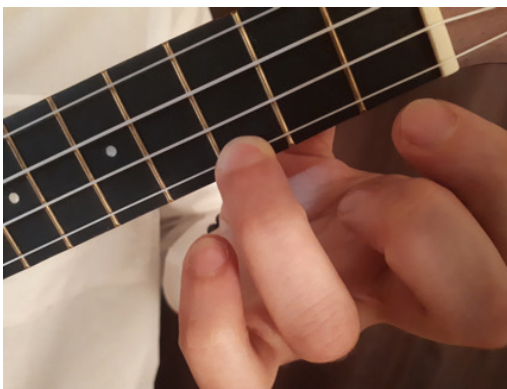
7. SINGLE NOTE EXERCISE

Before moving on to strumming and songs, it helps to begin with a simple finger exercise. This exercise will develop your finger control and independence, as well as coordination between both hands. It's also a good first step towards playing some of the harder chords. Use it as a warm-up for your first few practice sessions.

To begin, simply press, or pinch the first fret of the first string with your first finger. Then pluck only that string. Listen for a clear ringing note. If it sounds more like a click or a buzzing sound, you may not be pressing on the right spot or firmly enough. Adjust your finger until the note rings clearly. Then, slowly move on to the second fret with your second finger and pluck that note.



Continue with finger three on fret three and finger four on fret four.



Repeat in the opposite direction, slowly pressing and plucking frets 4, 3, 2, and 1 with the respective finger.

Once you get the hang of this, try it on the other strings. You can also vary the order, such as 1, 3, 2, 4 or 4, 1, 3, 2.